

Hangover Protocol⁺

Prevention Support		
Core Product Recommendations*	Clinical Objective	Before Drinking
Milk Thistle	Hepatoprotective	4 pumps
Glutathione	Detoxification and antioxidant, Hepatoprotective	4 pumps
Methly B Complex	Repletion of detoxification cofactors	2 pumps
QuintEssential® Hypertonic Elixir	Remineralization of electrolytes and hydration	1-2 20 mL sachets

Post-celebration Support			
Core Product Recommendations*	Clinical Objective	After Drinking	
Milk Thistle	Hepatoprotective	6 pumps	
Glutathione	Detoxification and antioxidant, Hepatoprotective	6 pumps	
Methly B Complex	Repletion of detoxification cofactors	2 pumps	
QuintEssential® Hypertonic Elixir	Remineralization of electrolytes and hydration	1-2 20 mL sachets	

*Take all liposomal products on an empty stomach, if possible. *Please note that patients may not require all supplements listed.

The information contained herein is for informational purposes only.

Disclaimer: These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

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